



**2023 SENIOR LC CHAMPIONSHIP**  
**QUALIFYING TIMES**  
**July 21-23**



<b>Women</b>	<b>2023 LC State Champs</b>	<b>Men</b>
<b>2023 LC QT</b>	<b>EVENT</b>	<b>2023 LC QT</b>
00:29.19	<b>50 Free</b>	00:26.19
01:03.39	<b>100 Free</b>	00:56.39
02:15.99	<b>200 Free</b>	02:04.69
04:48.89	<b>400 Free</b>	04:24.69
09:59.99	<b>800 Free</b>	09:12.99
18:59.99	<b>1500 Free</b>	17:39.99
	<b>50 Back</b>	
01:11.99	<b>100 Back</b>	01:05.79
02:34.49	<b>200 Back</b>	02:23.99
	<b>50 Breast</b>	
01:23.89	<b>100 Breast</b>	01:16.09
03:00.99	<b>200 Breast</b>	02:45.79
	<b>50 Fly</b>	
01:09.19	<b>100 Fly</b>	01:02.59
02:38.59	<b>200 Fly</b>	02:23.09
02:36.09	<b>200 IM</b>	02:22.19
05:30.99	<b>400 IM</b>	05:05.09

\*Qualifying Period Starts 01/01/2022